

Hugi Hub

The Hugi Hub offers opportunities for children to experience and explore different ways of thinking, constructing, negotiating, problem solving, engineering, creating and developing. All in an environment that focuses on experiencing thoughts and feeling.

Somewhere that children can truly be themselves through expression and mindfulness, promoting good mental health and wellbeing.

"I love it here, I call it the cuddle hub".
Noah Age 4



The Hugi Hub team will support children and their families, in partnership with others to 'curiously' explore with 'wonder' to realise their full potential, particularly children who require that little bit more support! Or who may be at risk of exclusion

At the 'Hugi Hub' we draw inspiration from the 'Hygge' lifestyle approach from Denmark. 'Hygge' is all about atmosphere, environment, cosiness, love, friends, happiness and curious exploration
'in the moment'

Hugi Hub
Play & Explore



**Further Information is
available at:**

tinyhandsbigfutures.co.uk

**Family sessions for children
who have additional,
specific or complex needs,
or you need support**

**Tracy Rodgers
tinyhandsbigfutures@icloud.com**

07714 253061

**Sessions for child and
parent/adult together**

Hugi Hub 'Time to Shine' Group

Hugi Hub,
Frecheville Community Centre
Sheffield, S12 4XT



Tiny Hands Big Futures

'Time to Shine' is a place where children and adults can enjoy special moments together



Time to Shine offers

- Opportunities for children and parents to play and learn together in a relaxed, secure, safe environment.
- Small groups to enable children to feel comfortable and confident in social situations
- Children can play and learn and explore at their own pace
- Parents can feel included and are able to engage with their children in a inspiring environment
- Opportunities for parents/carers to talk, share and support each other (you are not alone)
- Children and parents can build positive relationships and friendships
- Children can investigate, be curious and discover while using open ended resources with no expectations or pressure



Tuesdays 12:45-14:45

Sessions include:

05/11/19 All about me, celebrating each other

12/11/19 Hygge belonging, included and secure

19/11/19 Sharing special times, appreciating every moment

26/11/19 Looking after ourselves, relaxation, empowering each other

03/12/19 Awe and wonder, explore investigate and discover through play

10/12/19 Is the season to be jolly

17/12/19 Hygge Christmas party

£10 per session, per family* or

£65 for all 7 sessions

All activities and refreshments included.

***maximum of 3 people, can include:**

1 adult 2 children or 2 adults 1 child,

additional places available for a cost of £5

Book your place by contacting

tinyhandsbigfutures@icloud.com or

Phone 07714253061